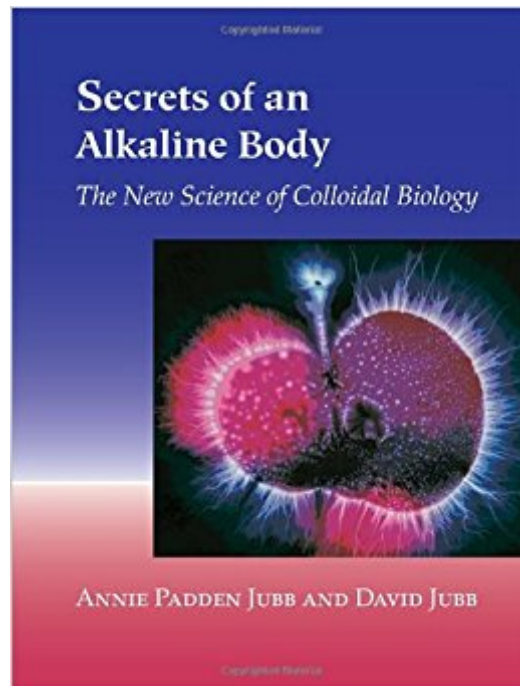




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Secrets Of An Alkaline Body: The New Science Of Colloidal Biology



Synopsis

This book provides a scientific explanation for cancer through an analysis of the blood. The Jubbs explain how LifeFood nutrition – a diet rich in vegetarian foods found wild in nature and served uncooked – can detoxify and rejuvenate the body. Included are four herbal formulas for making colloidal medicines for proper hydration. These alkaline beverages can be readily absorbed to purify "dirty blood" – acidic and full of toxins – making the body inhospitable to cancer. Secrets of an Alkaline Body is informatively illustrated and includes testimonials from clients who have successfully cleared cancer from their bodies using the Jubbs' techniques.

Book Information

Paperback: 240 pages

Publisher: North Atlantic Books (February 19, 2004)

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Average Customer Review: 3.2 out of 5 stars 13 customer reviews

Best Sellers Rank: #1,124,763 in Books (See Top 100 in Books) #69 in Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention #1576 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer #3087 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

"More than a new way of eating, the diet that Annie Jubb preaches is also a matter of conscience. Jubb advocates the art of self-healing through a natural diet and is in the process of becoming a heroine in New York after Donna Karan's 35-pound weight loss as a result of adopting the LifeFood diet."-Charlotte Leouzon, Jalouse Magazine

Annie Jubb and Dr. David Jubb have authored nine books together, including LifeFood Recipe Book, along with five training manuals for their Whole Brain Functioning adventure-based learning program taught at retreats and lectures throughout the 1980s and '90s. The Jubbs maintain private practices in New York City and Los Angeles.

This book is very poorly written. There were so many grammatical errors that it made the material hard to understand even. The typos were also out of control. The material had great potential, but it was all over the place and very repetitive with no real substance. I had to put this book down for a while just so I could get a break from the mess ups. Good luck.

Amazing information and easy to understand

Two conscientious public minded individuals sharing life extending principles.

The information in this book is very important. Although this subject matter is somewhat complex, the author is able to make it more understandable. I also have the author's LifeFood recipe book.

I purchased this book for a friend with cancer and it helped him understand more about the disease and how the pH of the body is so important. Very useful book!

Have you ever read a book and it feels like the author was trying too hard? This is it. It's information from another point of view, and for that it's worth the read.

...but instead found a painful slog through near incomprehensible BS. While the style careens between the bio-speak of professional biologists and dips now and then into New Agey nonsense it pains me because despite this flaw, there are some real flashes genius as well as some great ideas for further exploration. I am an avid reader and experienced health seeker who otherwise loves the Jubbs so it is a real disappointment to have to forgo their books. If I were a scientist, I'd be excited to challenge and explore with the authors, as many mainstream models are potentially debunked, which could open up an entirely new approach to nutritional science. Sadly it's style and terminology breaks rapport with any reader who isn't a biologist or New Ager, making it's ideas nearly incomprehensible. It also appears that someone forgot to hire a copy editor as there are many glaring mistakes that interrupt an already bumpy read. Sorry not to be able to recommend it.

Buy it, borrow it, whatever it takes, get a hold of this book and read it. Dr. Jubb's concise knowledge of health and the human body will catapult your understanding beyond 99% of the health practioners in the country. Knowingness will replace mysteries about internal functions of the body,

leading you to a very long, happy, healthy life. David and Annie clear up all of the misinformation in the health community today about food and healing. Getting a copy of any of the works by these authors is one of the best things you can do for your continued health!

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